## FCOD lurture, Empower, Transform, GIVE WHAT YOU CAN

## WHAT WE NEED?

- JELLY
- PEANUT BUTTER
- RAMEN NOODLES
- MAC & CHEESE
- HAMBURGER HELPER
- OATMEAL
- CANNED CHILLI
- CANNED TUNA
- CANNED SPAM

DONATION

- POWERADE/GATORADE
- WATER BOTTLES
- PROTEIN DRINKS
- KOOL-AID POWDER
- CANNED **PINEAPPLE/PEACHES/PEARS**
- CANNED REFRIED BEANS
  CANNED FRUIT COCKTAIL
  - CANNED MIXED VEGETABLES
  - CANNED CORN
  - CANNED GREEN BEANS

DONATION

**Drop Off:** Monday - Friday; 9 AM to 4 PM 321 N. General McMullen Dr. San Antonio, TX 78237

DONATION

FOR MORE INFORMATION: 210-732-3776

www.sahopecenter.org